

Challenge your Limits Fitness®

Introduces  **To San Antonio**
ZUMBA
FITNESS

Presented By Gabriel Martinez

“The Only Certified Zumba Instructor In The Area”



ZUMBA Is Fun, Effective And Simple.
It Is Rapidly Becoming The Next Fitness Sensation!

Get a taste of merengue, salsa, flamenco, samba, tango, reggae and calypso in one 60-minute class!

- ◆ **It's Fun.. the type of exercise you'll want to do everyday and feel good about doing it!**
- ◆ **It's different. You probably never thought you'd be exercising to this type of music, or working with an instructor like Gabriel. He makes learning Zumba simple by easily guiding you with synchronized movements.**
- ◆ **It's easy. You can start at any level and it's easier than any other program you've done before. Hey, everybody can dance, right?**
- ◆ **It's effective. It is an aerobic workout, that we all know works. But, it's more fun, helps you stick with the program until you get results—with Gabriel to help you along.**

Take the moves you learn in Gabe's class to the nightclub!

For More Information Call 210-364-7633